**Engagement Volunteer: Dementia Café**

## Summary:

Join us as a Dementia Café Volunteer and help create a vital social space where individuals living with dementia and their loved ones can connect, relax, and enjoy meaningful interactions. As a volunteer, you will play a key role in ensuring our café is welcoming and supportive. You'll assist with serving refreshments, facilitate engaging activities, and provide companionship to attendees. Your presence and dedication will help make the café a cherished place for socialisation and support, making a real difference in the lives of those affected by dementia.

#### Main Activities:

* Greet and welcome all attendees with warmth and friendliness.
* Assist with the preparation and serving of tea, coffee, and cake.
* Support and help facilitate a program of activities designed to engage and entertain attendees.
* Provide companionship and engage in conversations with both individuals living with dementia and their family or friends.
* Ensure the café is a comfortable and safe space for everyone present.
* Be attentive to the needs of attendees, offering assistance as necessary.
* Maintain a positive and inclusive atmosphere throughout the café sessions

#### Role Requirements:

* A friendly and approachable demeanour.
* Ability to communicate effectively and empathetically with individuals living with dementia and their caregivers.
* Willingness to help with serving refreshments and participating in activities.
* Commitment to completing Dementia Friends training to better understand the condition and how to support those affected by it.
* Reliability and punctuality to ensure the smooth running of the café sessions.
* A genuine desire to make a positive impact in the lives of those living with dementia and their support network.
* Openness to learning and receiving training
* Effective communication skills and ability to work collaboratively
* Working as part of the Amelia Team

#### What the role offers:

* The opportunity to make a meaningful difference in your community.
* Experience in a supportive and rewarding volunteer role.
* Training and development opportunities, including Dementia Friends training.
* A chance to meet new people and develop new skills.
* Opportunity to be involved in a local community project

#### Time Commitment

* The Amelia Scott is very flexible; however, we ask you commit to the regular once a month Dementia Café session.

**NB Full support and training will be given. No previous heritage sector experience is necessary.**